

## KETAMINE CLINIC OF MICHIGAN

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### **Discharge Instructions for IV Ketamine Infusions**

If there are any questions or concerns feel free to call our clinic at 810-265-7103.

Do not drive or make important decisions for twelve hours after each infusion.

If your IV has been left in place do not allow the dressing to become wet. If you need to bathe, cover the entire extremity with a plastic bag and use tape and/or rubber bands to seal it.

If your IV has been removed, keep a Band-Aid or other sterile dressing on the puncture site and keep it dry for twelve hours. Thereafter, inspect the site for any unusual signs of inflammation or infection and notify our clinic if this present.

Ketamine infusions may help with your depression, but are not intended to be a substitute for regular care by your mental health professional. Therefore, maintain any regularly scheduled visits with your primary care physician, psychiatrist, and /or therapist. If you have thoughts of suicide or any medical emergencies, call 911 or go directly to an emergency room and contact your mental health professional and /or primary care physician.